



**NANYANG  
TECHNOLOGICAL  
UNIVERSITY**  
SINGAPORE

# Enhancing Adult Education Through PILATE: Practical Introduction to Learning For Adult Trainers and Educators

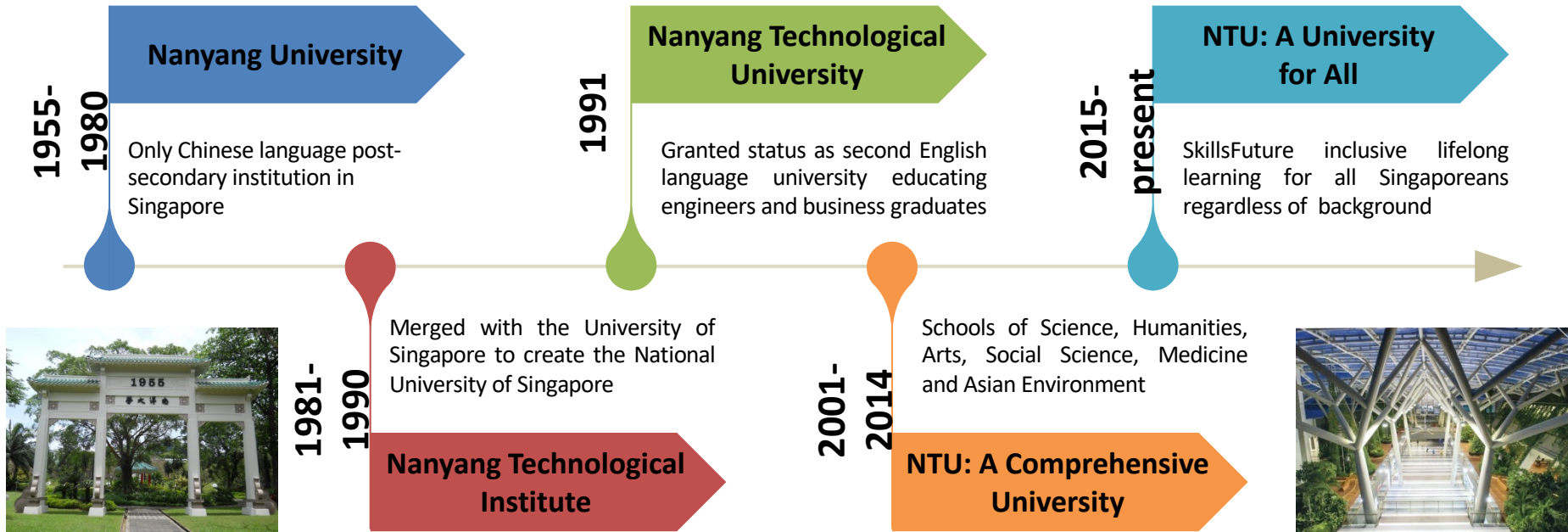
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# Major Milestones - From Education to Innovation



# Building a Culture of Excellence in Teaching and Learning in NTU

2021:

InsPIRE - Authentic Teaching, Learning & Assessment (University Wide)

2015- 2020:

Outcome Based Teaching & Learning  
(University Wide)

2013-2020:

Team Based Learning /Collaborative Learning  
(Selected Courses)

2010:

Blue Ribbon Commission (BRC)

2011 -2013:

Building Classrooms with  
Configurable Space and Technology-  
enabled Facilities

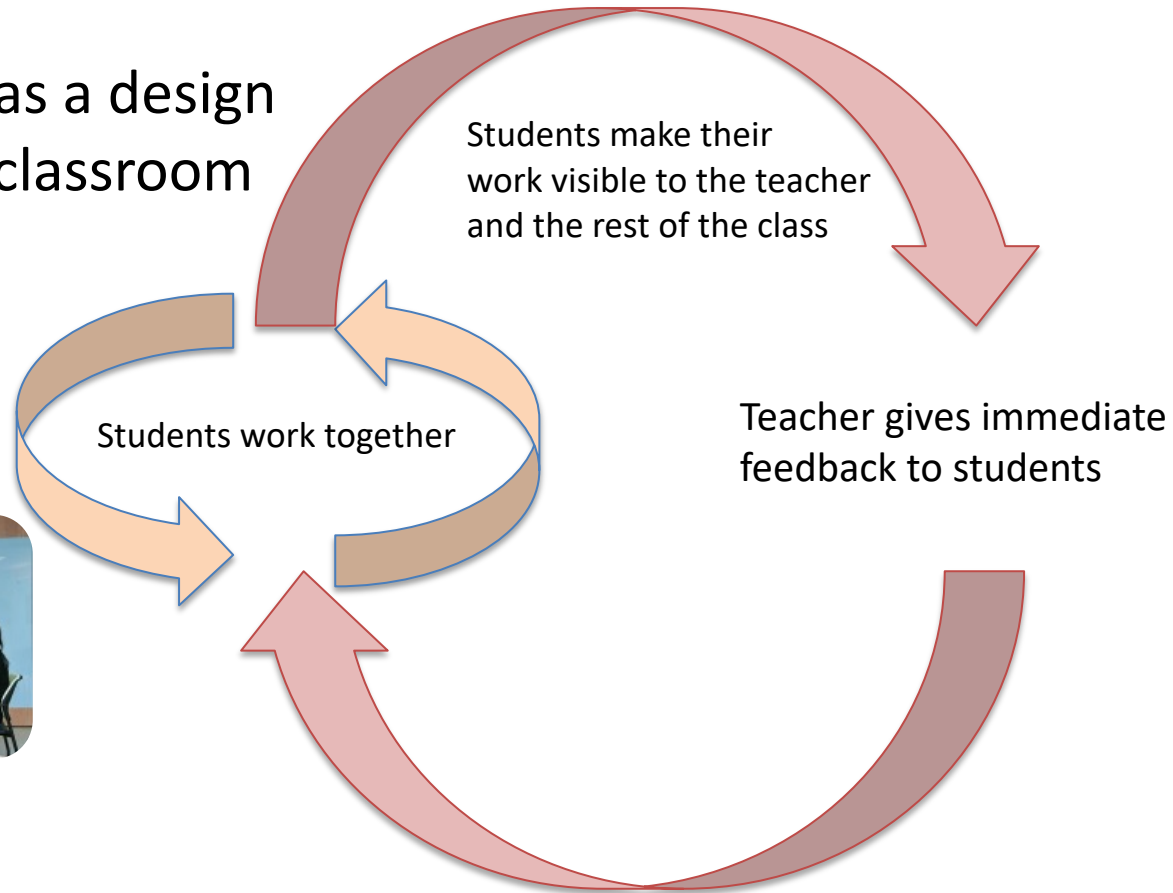
2015:

Technology Enhanced Learning  
(Significant Number of Courses)



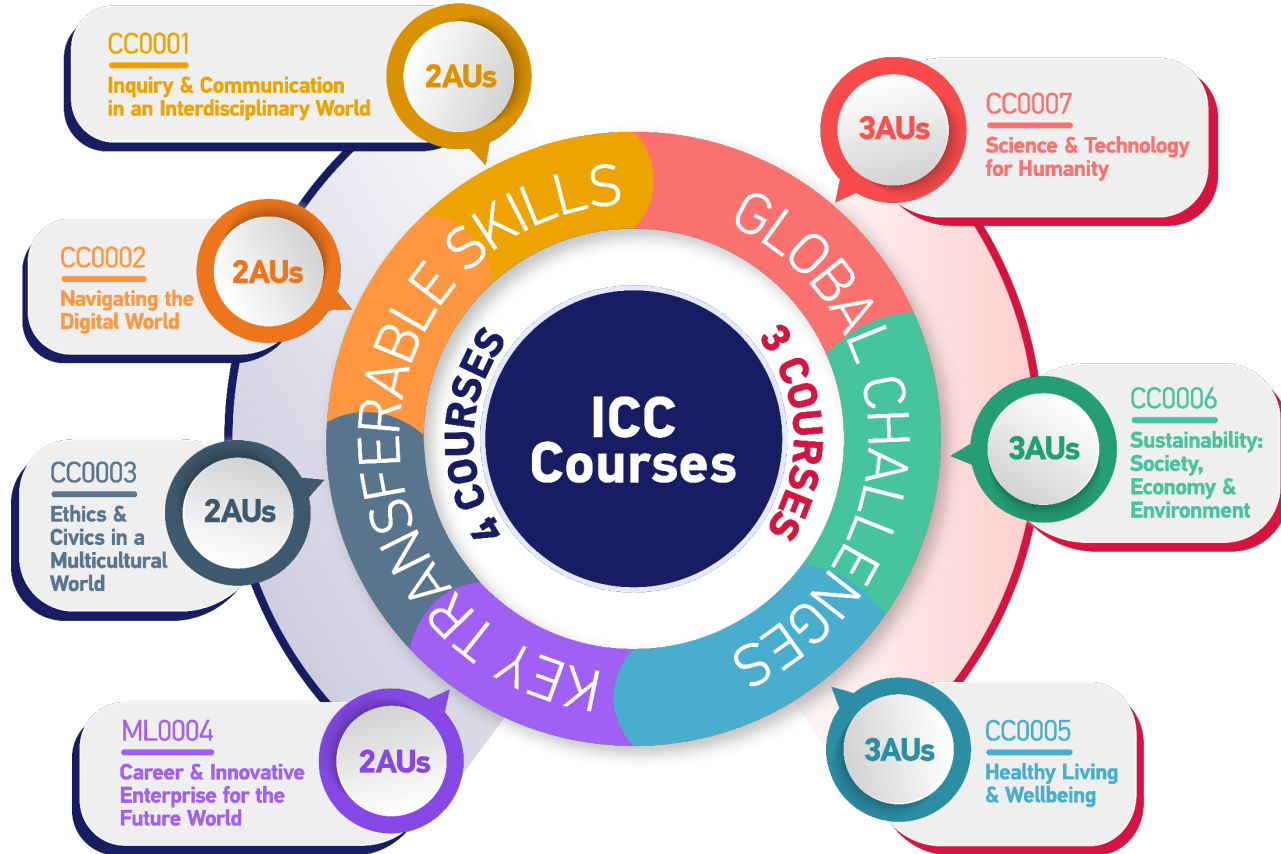


# Feedback Loop as a design mechanism for classroom activities



Students work together giving one another implicit and direct feedback

# 7 ICC Courses



# REFINE Committee

- REFINE is an advisory committee aimed at enhancing the quality of Continuing Education and its portfolio of courses offered by PaCE and NTU
- The Committee will support NTU's efforts to better engage learners in continuing education through the enhancement of quality in course offerings, greater connection and relevance to industry and participant requirements, and to provide greater outreach and appeal to an international body of participants



# REFINE Committee



Prof Lim, Director (Academic)  
PaCE



Prof Tjin, PaCE



Prof Choy, NIE



Prof Tan, NIE

Professional  
and  
Continuing  
Education  
(PaCE)

Centre for  
Teaching,  
Learning and  
Pedagogy  
(CTLP)

National  
Institute of  
Education  
(NIE)

Learning  
Technologies  
and Digital  
Media  
(LTDM)



Dr Rajalingam,  
Director, CTLP



Dr Tan, Head,  
Fac Dev, CTLP



Mr Lo, Director, LTDM





# The PILATE Experience

## Practical

PILATE isn't just theory – it's all about equipping educators with the real-world skills they need in the realm of continuing education. We're talking about arming you with a toolkit that's tailor-made to orchestrate dynamic learning experiences for your specific audience. You will not only learn to develop practical skills but also receive real-time feedback on your teaching.

## Evidence-Based

At PILATE, we're not throwing darts in the dark. We've meticulously curated the latest insights into how human learning and development unfold across the lifespan. We're blending cutting-edge research from cognitive sciences and educational psychology to form the bedrock of every single learning endeavor within the program.

## Experiential

Get ready to flip the script. In PILATE, you won't sit passively in lectures. Instead, you'll be stepping into the shoes of a learner to experience new teaching approaches. This hands-on approach lets you grasp teaching techniques from a whole new angle – the learner's perspective. Prepare to gain insights that could only come from living through the learning process yourself.

## Reflective

As you live the learning experience in PILATE, you're also fostering a potent set of metacognitive skills. These aren't just buzzwords – they're the tools that empower you to thoughtfully dissect your own teaching methods. PILATE encourages you to evaluate the impact of different approaches from multiple angles, fostering a holistic understanding.

## Self-determined

Welcome to a realm where your learning journey is guided by your own ambitions. PILATE isn't about dictating what you must learn; it's a space that thrives on your capacity to set goals and tackle the challenges that resonate with your unique context. Here, you're the captain of your educational voyage, and your peers will support you in your endeavors.



# Programme Aims & Learning Outcomes



Design



Teach



Evaluate

1. Design lessons with explicit outcomes aligned to assessment and learning activities
2. Use learning activities and assessment strategies to promote student learning
3. Evaluate your own teaching to determine the impact of your teaching strategies

# Framework

Constructive Alignment	• Shifting The Mindset in Adult Learning
Cognitive Levels	• Pitching Your Class For Diverse Learners
Team-Based Learning	• Leveraging Active and Collaborative Learning
Facilitating Learning	• Using Classroom Discourse To Deepen Learning
Problem-Based Learning	• Solving Problems in Your Teaching Context
Evaluating Teaching	• Sharpening Your Teaching Through Critical Reflection
Microteaching	• Examining Your Teaching With Peer Feedback

# Examples of Participant Concerns

- Students do not understand if it is too technical
- Delivery and learners' understanding
- To have right audience
- Time management
- Handling questions smoothly when you don't know about it.



# What They Hope to Gain - Examples

- Ability to structure a coursework and delivery to the learners to ensure their better understanding of the subject.
- Learn framework of how to conduct a more engaging class and better understand student's perspective.
- Enhance teaching skills and networking.
- To improve my teaching and facilitating skills further.
- To learn new teaching techniques





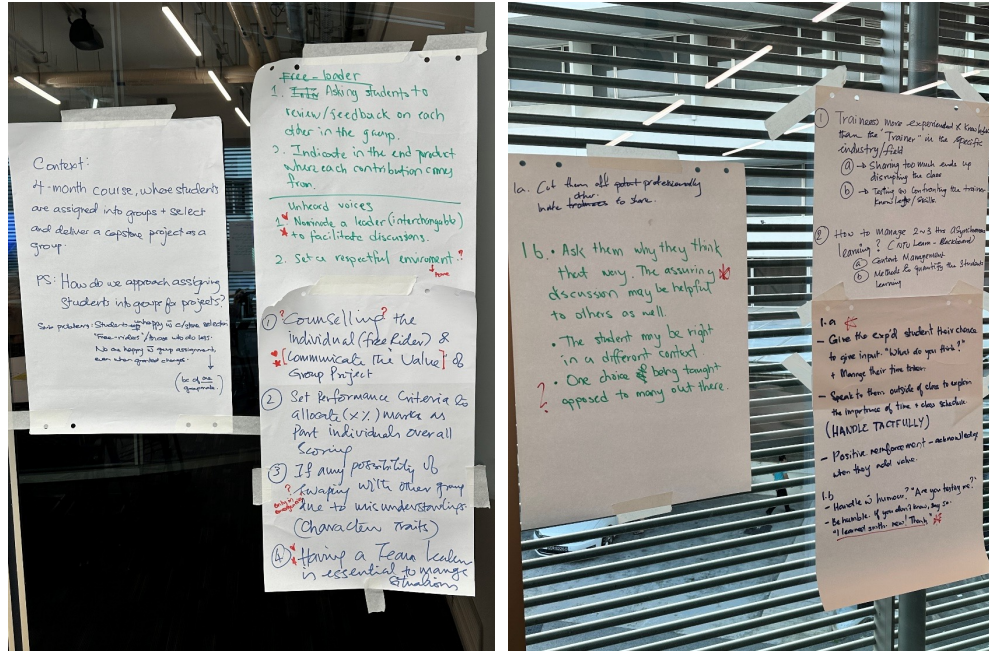
## **PILATE Activity**

Examining a case study



## PILATE Activity

Group Discussion and Brainstorming



# PILATE Activity

## Self-Directed and Problem-Based



# PILATE Microteaching



# Participant Feedback



# Feedback (Pilot)

- Would love to have this type of session every year – where **great minds gather to exchange ideas**. Refreshing!
- The criteria rubrics was good, coupled with **microteaching** and **learning from others**.
- Got to **learn from other instructors** teaching, delivery and feedback during **Microteaching**.



# Feedback (1<sup>st</sup> Run)

- The instructors and assessors are very genuine and crisp in their feedback.
- The feedback is useful and appropriate to encourage further self-reflection.
- I have learnt a lot especially the shift of perspective to what the students do.
- Very informative and a lot of food for thoughts, make me want to learn more.

# Feedback (2<sup>nd</sup> Run)

- **Very applicable.** It is bite-sized and I can apply it. Was **very inspired** by how the course was conducted, it displayed how this style of teaching can be done.
- PILATE course is overall excellent and given an opportunity to **learn and apply "Micro Teaching" methodology which I loved** it.
- I really enjoyed this course! Even where concepts weren't exactly new, it was helpful to assign frameworks and methods to teaching approaches. I at least **feel validated** in trying to **teach in a more student-centric manner.**
- The criteria are particularly **useful to help me assess how I conduct lessons.**
- Generally very good for such a short time.



# PILATE Graduation Ceremony

