

**APRIL - JUNE 2026**

**CONTINUING PROFESSIONAL  
DEVELOPMENT (CPD)  
COURSE CATALOGUE**

**Accelerate Your Professional Growth**



# ABOUT US

The Institute for Adult Learning (IAL), an autonomous institute of the Singapore University of Social Sciences, is the National Centre of Excellence for Adult Learning. IAL partners with policymakers, enterprises, and adult education professionals to strengthen the Training and Adult Education (TAE) sector. IAL advances research to inform TAE policies, promotes skills-first practices, and builds sector capabilities. Together with efforts to drive innovation in learning technology and pedagogy, IAL enhances adult learning experiences and supports workforce transformation.

Adult Educators registered under the Training and Adult Education Professionalisation Programme (TAEPP) are required to complete 40 CPD hours within their registration cycle to maintain professional currency.

This catalogue groups programmes to help you plan and stack learning meaningfully – whether you are strengthening facilitation practice, deepening learning design capabilities, or expanding into emerging areas.

# Curriculum and Instruction

Design adult learning experiences by aligning needs, frameworks, content, and assessments for effective, learner-focused outcomes.



TITLE	MODE	DURATION	DATE*	TRAINER
Small But Mighty: The Microlearning Course that Makes a Big Impact	Classroom	7hr	2 Apr 15 June	Eunice Lim
Creating Dynamic Online Courses: The Power of Col and AI	Classroom	7hr	6 Apr	Eunice Lim
Elevating Adult Learning: Practical Andragogy in Action	Classroom	7hr	6 Apr	Tan Hui Leng
Learning That Works: Designing Evidence-Based Training for Real Workplace Impact	Classroom	7hr	7 Apr 25 June	Serene Sim
PBL for Learning Reimagined: The “What”	Classroom	7hr	17 Apr	Abdul Khalid
Scenario-Based Learning in Action: Designing Workplace-Relevant Experiences (Basic)	Classroom	7hr	30 Apr	Darren Tjan

\*IAL reserves the right to amend the course dates. Please refer to our website for any updates.

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TITLE	MODE	DURATION	DATE*	TRAINER
Performance-First Learning: A Day as an Instructional Designer with Handshaw's Model	Classroom	7hr	12 May	Lee Kang Yam
PBL for Learning Reimagined: Designing Problem Triggers	Classroom	7hr	29 May	Abdul Khalid

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# Critical Core Skills

Build transferable skills in critical thinking, collaboration, and adaptability to thrive in any workplace and guide your learners.

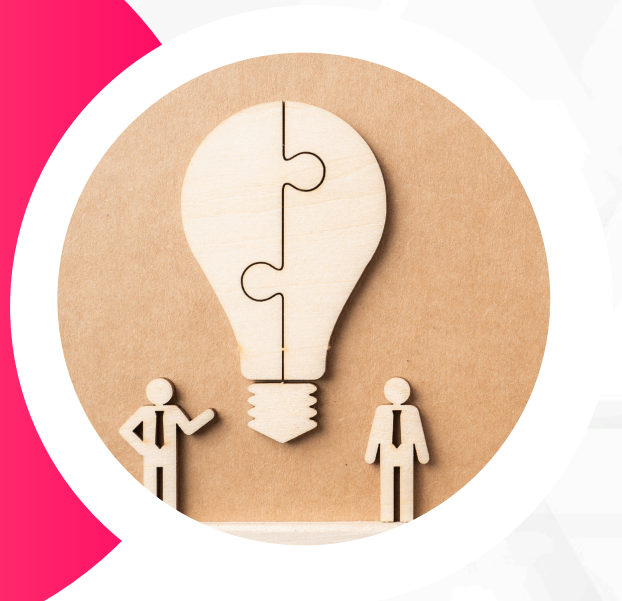


TITLE	MODE	DURATION	DATE*	TRAINER
Agility in Action: Embedding Learning in the Flow of Work for Performance at Speed	Classroom	7hr	1 Apr	Serene Sim Louise Phua
Personal Mastery - Self-Management for Holistic Well Being	Classroom	7hr	9 Apr	Louise Phua
Cultivating Adaptability Navigating Changes	Classroom	7hr	28 Apr 17 Jun	Irene Wee

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# Programme Innovation and Implementation

Turn creative ideas into action, apply design thinking, manage change, and bring learning innovations to life.



TITLE	MODE	DURATION	DATE*	TRAINER
Leading and Sustaining Change: Tools for Managers in Transformational Environments	Classroom	7hr	6 Apr 30 June	Henry Koh

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# Workplace learning

Drive performance by integrating learning into daily work through coaching, OJT, and sustainable practices.



TITLE	MODE	DURATION	DATE*	TRAINER
The Coaching Edge: Key Coaching Strategies for Management Success	Classroom	7hr	13 Apr 12 May	Louise Phua
Coaching as a Way of Work: Embedding Solution-Focused Dialogue into Everyday Conversation	Classroom	7hr	28 Apr 30 Jun	Louise Phua

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# Tech-enhanced Learning

Use digital tools and AI to enhance learning, interaction, and assessment for adult learners.



TITLE	MODE	DURATION	DATE*	TRAINER
Design for Impact with Technology: Strategic Use of Essential Frameworks	Classroom	7hr	14 Apr 2 Jun	Irene Wee
Design for Impact with Technology: A Deep Dive into UDL for Inclusive Learning	Classroom	7hr	21 Apr 16 Jun	Irene Wee

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# Industry-Specific Learning

Gain sector-specific knowledge, stay updated on industry trends and regulations, and develop skills to align learning with industry transformation, ensuring your training is relevant, practical, and impactful.



TITLE	MODE	DURATION	DATE*	TRAINER
Teaching with Impact: Aligning Adult Learning with Industry Transformation Roadmaps	Classroom	7hr	21 Apr	Yeoh Hui Ling

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# Advanced Facilitation

Refine your delivery and facilitation skills—master advanced techniques to engage diverse learners, manage classroom dynamics.



TITLE	MODE	DURATION	DATE*	TRAINER
Facilitation Mastery: Unleashing the Power of Participation Through the Focused Conversation Technique	Classroom	7hr	4 May	Serene Sim
Facilitate with Flair: The Workshop Method Unleashed for Ultimate Impact	Classroom	7hr	22 Jun	Serene Sim

\*IAL reserves the right to amend the course dates. Please refer to our website for any updates.

# FIND OUT MORE AND REGISTER

Browse upcoming runs and register at:

<https://www.ial.edu.sg/programmes/short-courses/>

For enquiries:

<https://feedback.ial.edu.sg/>

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